

# Karate Grading Format All Terms

<b>8.00am</b>	<b>Doors open</b>	<b>Grading Starts</b>	<b>8.30am sharp</b>
8.30-10.00am	<b><u>Attempting Black belt and black tips grading</u></b>		
	Adult black tip & black belt grading(90 min grading) Term 2/4		
10.00-11am	<b><u>Attempting Black belt ,1st Dan HAND FOCUS PADS</u></b>		
	Children aged 7-14 yrs old Belt grade (60 min grading) Term 2/4		
11.00-11.50am	<b><u>Attempting Brown belt grading and Brown tip grading</u></b>		
	Adult brown tip & brown belt grading(50 min grading)		
11.50-12.35am	<b><u>Attempting Brown belt grading</u></b>		
	Children (45 minute grading)		
<b>12.35-1.00pm</b>	<b>LUNCH FOR ALL HELPERS (30 MIN)</b>		
1.00-1.40pm	<b><u>Attempting Green belt and green tip grading -HAND OUT MANUAL</u></b>		
	Adult green tip & green belt grading (40 min grading)		
1.40-2.10pm	<b><u>Attempting Green belt grading -HAND OUT MANUAL</u></b>		
	Children (30 minute grading)		
2.10-2.30pm	<b><u>Attempting Yellow, Orange &amp; Blue belt</u></b>		
	<b><u>-HAND OUT HAND PROTECTORS TO BLUE BELTS</u></b>		
	Adult yellow belt , orange belt & blue belt grading (20 min grading )		
2.30-3.00pm	<b><u>Attempting Blue belt grading</u></b>		
	<b><u>-HAND OUT HAND PROTECTORS TO BLUE BELTS</u></b>		
	Children aged 7-14 years old (25 minute grading)		
3.00-4.00pm	<b><u>Attempting Yellow belt thru to Black belt grading (NEW)</u></b>		
	<b><u>-HAND OUT MOUTH GUARD TO BLUE BELTS</u></b>		
	<b><u>-HAND OUT MANUALS TO GREENS, BLACKS</u></b>		
	Adults over 40 years old (60 minute grading)		
<b>4.00pm</b>	<b>ALL HELP TO PACK UP BEFORE GOING HOME</b>		

Thank you to all helpers, students, parents and teachers to make these grading days run so smoothly. Without your support these gradings would not be possible. A sausage sizzle will be running during the day. You are required to turn up at least a half hour before your grade to view the prior grading. Note: Peewees, children and Adults over 40 attempting their tip grades will now be graded in class on the second last week of term. Adults over 40+ attempting their full belt grade will grade at the end of the day at 3pm all together at the same time. Adults attempting 1st Dan and above grades are held with Zen Do Kai State Gradings in Oct/Nov. Junior 1st Dan grades will be run at Benteigh first thing at 10am as per schedule above. No class on the morning of the grading .