

Grading Format Kickboxing / Boxing Term 1, 2,3

- 10.00am** **Doors open Grading starts 10.15am sharp**
- 10.15am** **Adults Brown singlet black Bar grading**
(90 minute grading) Term 2 & 4 bar grades only

Term 1 & 3 grading will start at 11.45am
- 11.45am** **Adults Green to Brown singlet and Bar grading**
(55 minute grading)
- 12.35-1.05pm** **LUNCH FOR ALL HELPERS (30 MIN) (SAUSAGE SIZZLE)**
- 1.05pm** **Teens Green to Brown singlet and Bar grading**
(55 minute grading)
- 1.55pm** **Adults Orange to Blue, Blue to Green singlet grading**
(35 minute grading)
- 2.25pm** **Teens Orange to Blue, Blue to Green singlet grading**
(35 minute grading)
- 3.00pm** **Adults White to Yellow & Yellow to Orange singlet grading**
(20 minute grading)
- 3.30pm** **Teens White to Yellow & Yellow to Orange singlet grading**
(20 minute grading)
- 4.00pm** **ALL HELP TO PACK UP BEFORE GOING HOME**

Thank you to all helpers, students, parents and teachers to make these grading days run so smoothly. Without your support these gradings would not be possible. A sausage sizzle will be running during the day. All Students are required to turn up at least a half hour before your scheduled grading time. All students attempting their boxing grading will grade in the kickboxing timeslots, excluding any kicking material not relevant to the boxers. Black singlet & Black & Red singlet grades at the end of the year Senjo grading only. No Kickboxing classes on the morning of the Karate and Kickboxing grading days.