



Annual Nomination Form

Years of training with in Martial Arts

Please place your name next to the years of training include the start date, your club and the instructors over that period, the system of martial arts, Karate or Kickboxing.

5 Years (Started? Club? Instructors? System?)

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10 years (Started? Club? Instructors? System?)

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15 years (Started? Club? Instructors? System?)

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20 years (Started? Club? Instructors? System?)

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25 Years (Started? Club? Instructors? System?)

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30 Years (Started? Club? Instructors? System?)

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Certificates will be presented at the end of year gradings so please attend in gi to receive your certificate. Thank you for your co operation looking forward to seeing you all again.